

Just Jhoom! Ltd



Jungle Jhoom!

Information Sheet

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Animal Hand Gestures

Jungle Jhoom! Animal	Graphic	Indian Name for Animal	Description	Teaching Points
Crocodile		Magara	<p>Both hands are in flag</p> <p>Place the inner wrists of both arms together and slap the palms together to show a snappy crocodile</p>	<p>Palms should not be cupped</p> <p>Although hands are not held in tension there is an energy in them</p>
Giraffe		Jiraaf	<p><i>Head - Right Hand</i></p> <p>The middle and ring fingers are joined to the thumb at the tips - the index and small fingers are separated and stretched out</p> <p>The elbow is down to show the long neck of the giraffe</p>	<p>Index and small fingers should be as straight as possible</p>
Lion/Tiger		Sher	<p>Start with both hands in fan - fingers extended and separate from each other</p> <p>Then bend the fingers as if holding a large ball</p> <p>Place one hand in front of the face to signify the mane and the other in front of you - palm down to signify claws</p>	<p>Hands are strong with lots of energy</p>
Deer		Hirni	<p><i>Head - Right Hand</i></p> <p>The middle and ring fingers are joined to the thumb at the tips - the index and small fingers are separated and stretched out</p> <p><i>Tail - Left Hand</i></p> <p>The index finger is joined to the thumb at the tips - the other three fingers are separated and</p>	<p>Index and small fingers should be as straight as possible</p>

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			<p>stretched out</p> <p>Place the Right Hand in front of your face – elbow lifted - and the Left Hand behind you</p>	
Monkey		Bandar	<p>Join all fingers to the thumb</p> <p>Bring both hands close to each other – lift the elbows and point the fingertips downwards</p>	<p>Fingertips should all meet the thumb</p>
Fish		Machli	<p>Place one flag hand on top of the other and extend thumbs out</p> <p>Rotate the thumbs round and round</p>	<p>Palms should not be cupped</p> <p>Although hands are not held in tension there is an energy in them</p>
Snake		Saap	<p>Start with flag hands</p> <p>Link thumbs</p> <p>Bend finger tips</p> <p>Take hands up above the head</p>	<p>Keep elbows soft</p> <p>Palm should not be cupped – it is the fingertips that are bent</p>
Elephant		Hathi	<p><i>Trunk – Right Hand</i> Join all fingers to the thumb</p> <p><i>Ear – Left Hand</i> Start with flag hand and extend thumb out to the side</p>	<p>The trunk hand can be waved around from the tip of the nose out to the front</p>

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	 		<p>Place the Right Hand near the tip of your nose and the Left Hand next to your ear</p>	
Peacock		Morni	<p>Flag hands are out to side – shoulder level Bend wrists</p>	<p>Lift the elbows Shoulders down</p>